To the WDG Public Health Board,

I would like to be a delegate at your next meeting. I would like to discuss mandatory masking of children in schools. Specifically, expansion of masking mandates and increased rules around mandatory masking. I would also like to understand exactly what metrics we are using to measure our lockdowns. Here is a news article with Dr. Mercer advising the UGDSB trustees of best practices regarding masking.

https://www.cbc.ca/news/canada/kitchener-waterloo/ugdsb-masks-required-covid-19-1.5691742 #:~:text=Trustees%20voted%20in%20favour%20of%20making%20the%20masks%20mandator y%20for.opted%20to%20return%20to%20class.

Most students to return to class

Preliminary numbers show the Upper Grand District School Board received approximately 34,000 responses to its back-to-school survey with 2,700 people saying they planned to keep students home this fall and do at-home learning. Some of those responses may contain errors or duplicate responses, the board noted.

Dr. Nicola Mercer, the medical officer of health for Wellington-Dufferin-Guelph Public Health, said in a release on Wednesday that she met with school officials this week to talk about back-to-school plans.

"I advocated for the mandating of masks for students in Grade 1 and above and strongly encouraged them for children in [junior and senior kindergarten]," she said.

CBC's Journalistic Standards and Practices | About CBC News

First and perhaps most importantly, has there been an impact study of masking vs no masks on children? Who completed it and where can we read it? Any cost benefit analysis that has an accurate assessment of potential drawbacks of mandatory masks, including physical, psychological, developmental as well as defined outcome metrics / expectations (what you expected vs what actually happened)? If not, how can we possibly continue to experiment with our children like this? If so, where can I read it? What did the study identify as potential health impacts, developmental impacts and any other potential drawbacks to masking children for prolonged periods? How many 6 year olds were studied, how long were they forced to wear a mask for per day and what were their outcomes? How many 8 year olds? How many 12 year olds in the studies? Isn't informed consent a necessary part of any medical intervention? Why are we not informed of the potential drawbacks of mandating masks on children? Nearly a year in!

There is a large body of policy-level evidence that backs up the idea that wearing a mask when healthy is not beneficial. There is also evidence that non-pharmaceutical interventions (NPI's)

like lockdowns, masking and physical distancing do not meaningfully change case numbers, death numbers or infection numbers. I will go through a small sample of that evidence now.

In 2015 and 2018, the Ontario Nurses Association successfully argued that the "Vaccine or Mask" (VOM) policy violated the nurses basic rights and is "illogical and makes no sense" and "is the exact opposite of being reasonable."

https://www.ona.org/news-posts/ona-wins-vaccinate-or-mask-flu-policy/



September 7, 2018

The Ontario Nurses' Association (ONA) has won a second decision on the controversial vaccinate or mask (VOM) policy, striking down the policy in effect at St. Michael's Hospital and several other hospitals that form the Toronto Academic Health Science Network (TAHSN). These policies force nurses and other health-care workers to wear an unfitted surgical mask for the entirety of their shift if they choose not to receive the influenza vaccine.

After reviewing extensive expert evidence submitted by both ONA and St. Michael's Hospital, which was the lead case for the TAHSN group, Arbitrator William Kaplan, in his September 6 decision, found that St. Michael's VOM policy is "illogical and makes no sense" and "is the exact opposite of being reasonable." In reaching this conclusion, Arbitrator Kaplan rejected the hospital's evidence. A copy of the full decision is available here.

In 2015 this is what the arbitrator said:

Policy was 'unreasonable'

Arbitrator Jim Hayes found the "vaccinate or mask" policy was unreasonable, and "a coercive tool" to force heath-care workers to get the flu shot.

Experts testified that it was illogical to force healthy nurses to wear masks, and Hayes concluded the masks were not protecting patients or nurses from the flu.

"The sad part about it is it was giving our patients a false sense of security, and we knew that," said Haslam-Stroud.

The Ontario Hospital Association said it was disappointed in the arbitrator's ruling.

https://www.cbc.ca/news/canada/toronto/union-says-ontario-nurses-can-t-be-forced-to-wear-ma sks-in-flu-season-1.3222702

In light of this expert's opinion, which was echoed by the WHO at the beginning of the pandemic in 2020 (<u>https://twitter.com/WHOWPRO/status/1243171683067777024?s=20</u>), can you outline in detail (with links to the information) what has changed about mask efficacy?

What the WHO said:

"If you do not have any respiratory symptoms, such as fever, cough, or runny nose, you do not need to wear a medical mask. When used alone, masks can give you a false feeling of protection and can even be a source of infection when not used correctly."

bit.ly/2QN3QOp



Here is one recent study from Germany that has looked at mandatory masking of 25,000 students and the negative impacts of that mandatory masking. The impacts are significant, as illustrated here (3rd paragraph):

A new study, involving over 25,000 school-aged children, shows that masks are harming schoolchildren physically, psychologically, and behaviorally, revealing 24 distinct health issues associated with wearing masks.

The health issues and impairments observed in this study were found to affect 68% of masked children who are forced to wear a face covering for an average of 4.5 hours per day. The study also includes 17,854 health complaints submitted by parents.

Some of the health issues found in the study include: increased headaches (53%), difficulty concentrating (50%), drowsiness or fatigue (37%), malaise (42%), and nearly a third of children experience more sleep issues than they had previously and a quarter of children developed new fears.

Though these results are concerning, the study also found that 29.7% of children experienced shortness of breath, 26.4% experienced dizziness, and hundreds of the participants experiencing accelerated respiration, tightness in chest, weakness, and short-term impairment of consciousness.

The study authors noted the lack of unbiased research on this topic:

https://www.independent.co.uk/news/german-children-suffer-from-psychological-issues-in-pand emic-children-children-researchers-families-children-b1800396.html?utm_content=Echobox&ut m_medium=Social&utm_source=Twitter#Echobox=1612980377

https://www.researchsquare.com/article/rs-124394/v2

https://montanadailygazette.com/2021/01/25/new-study-finds-masks-hurt-schoolchildren-ph ysically-psychologically-and-behaviorally/

Here is the original study:

Abstract View Research Highlight

Background: Narratives about complaints in children and adolescents caused by wearing a mask are accumulating. There is, to date, no registry for side effects of masks.

Methods: At the University of Witten/Herdecke an online registry has been set up where parents, doctors, pedagogues and others can enter their observations. On 20.10.2020, 363 doctors were asked to make entries and to make parents and teachers aware of the registry.

Results: By 26.10.2020 the registry had been used by 20,353 people. In this publication we report the results from the parents, who entered data on a total of 25,930 children. The average wearing time of the mask was 270 minutes per day. Impairments caused by wearing the mask were reported by 68% of the parents. These included irritability (60%), headache (53%), difficulty concentrating (50%), less happiness (49%), reluctance to go to school/kindergarten (44%), malaise (42%) impaired learning (38%) and drowsiness or fatigue (37%).

Discussion: This world's first registry for recording the effects of wearing masks in children is dedicated to a new research question. The frequency of the registry's use and the spectrum of symptoms registryed indicate the importance of the topic and call for representative surveys, randomized controlled trials with various masks and a renewed risk-benefit assessment for the vulnerable group of children: adults need to collecticely reflect the circumstances under which they would be willing to take a residual risk upon themselves in favor of enabling children to have a higher quality of life without having to wear a mask.

https://www.researchsquare.com/article/rs-124394/v1

And here is a registry that is being used in the United States. You can read the negative impact of masking from first hand accounts of parents who have no options.

https://nomasksforkids.com/

Masked high school soccer player blacked out

Date: February 13, 2021 Comments: 0 Comments Categories: Cardiac

My son plays Varsity soccer for his high school. They had to call me to come get him early from conditioning because he was feeling light headed and passed out!! 😀 🙂 (Wearing masks to run a mile then do sprint work!) Thankfully, he felt things going black, told his coach, and sat down. In his words "my eyes were open but I couldn't see anything. Then I just saw outlines, then everything was really bright."

His coach had tried giving him a sucker to help with blood sugar level, but my son couldn't hold it and kept dropping it. After getting some water in his system (maybe too much) he puked. That's when I was called.

Sweden has banned masking and PPE from schools and even demanded teachers remove masks:

https://sverigesradio.se/artikel/halmstad-forbjuder-munskydd-i-skolan

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1:20 min	🕀 My page 🔶 Share		
	23 January at 13.17 Published S icipality bans infection contr		
	lmstad was told to take off th isk group and feel safer with	-	s disappointed, sad and angry. I
	m Lindberg, head of adminis ere are great risks with mout		and youth administration in dled incorrectly".

A student was suspended from a school in Guelph for removing their mask for a breathing break.

https://twitter.com/Whitney46535074/status/1362731274633379842



Whitney Douglas @Whitney46535074

Yesterday a 12 year old boy from a local **#Guelph** public elementary school got suspended for not wearing a mask, outside. He explained he was social distancing and needed a breathing break. Welcome to your new normal. @fordnation @ugdsb @CamGuthrie @JustinTrudeau

6:50 AM · Feb 19, 2021 · Twitter for iPhone

571 Retweets 59 Quote Tweets 1,182 Likes

...

Guelph has had mandatory masks in place since July 2020, but it has not averted multiple lockdowns. Nor has it prevented outbreaks in Long Term Care homes, places of employment etc. If you are convinced that masking reduces the spread by a percentage amount, do you have anything other than models to back up your claim? What is the percentage amount that infection was reduced due to masking in Guelph, according to your data? Please share everything you have showing this, including source data, name and date as well as output of model and modeling inputs.

The issue is that we have examples of places that did not have the same restrictions as we did, and it appears that they did not have a worse outcome. That data shows that the NPI's used did not impact the curves. Most "curves" look the same regardless of NPI's in place. To be clear, this means that the argument of "it would have been worse without the masks" is null. That is NOT seen in the actual data of places that did not mandate masks.

Here is a graph that shows when mandatory masks were started and further lockdown measures attempted. It had no effect on the curve. (you can see a larger version at the link) https://twitter.com/Milhouse_Van_Ho/status/1346325686496194560?s=20

Source: https://covid-19.ontario.ca/data

The yellow notes on the graph say:

July 7 - Mandatory Masks, Oct 10 ban on indoor dining, Nov 14: Totonto 2nd lockdown



Are we to believe that the lockdown that started in Toronto in October is only now starting to take effect? Are we to ignore seasonality completely as well?

We have data from Sweden, Florida and multiple states with similar populations to Ontario and we have seen that masks make little difference in the respective curves. In fact, globally it looks a lot like a yearly seasonal curve to quite a lot of people. Here is that data:

Florida, Georgia and South Carolina have been Open since April, Sept and Oct. They have a ranking by state of deaths per million. Florida is 26th, Georgia is 23 and South Carolina is 20th. No mass death is equated with 3 large populations that have no mask mandates in place.

https://twitter.com/jeffreyatucker/status/1359144860935159813?s=20



https://www.worldometers.info/coronavirus/country/us/

Multiple states on one graph: Source cited by graphs: <u>https://covidtracking.com/</u> <u>https://twitter.com/ianmSC/status/1360319669635190787?s=20</u>



Mississippi and Alabama:



Speaking of Alabama, is everyone as shocked as I am that Mississippi and Alabama peaked and turned down on literally the same exact day despite one state having huge maskless National Title celebrations in the street and the other uh, not?

Imagine if the media cared or noticed



https://twitter.com/ianmSC/status/1358149572250505224?s=20 https://twitter.com/ianmSC/status/1360323405099061248 R

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Back on 11/24, health leaders in Mississippi wrote a letter to Gov. Reeves asking him to re-implement his "highly effective" statewide mask mandate from 8/4

He didn't, and cases followed the exact same curve, with lower numbers than Alabama even though AL had a statewide mandate



Idaho and Utah - Utah had a mask mandate, Idaho did not: <u>https://twitter.com/ianmSC/status/1360396841372721153</u>

...





https://twitter.com/ShrubberyBanana/status/1360404241458688000?s=20

Seasonality curve around the world: https://twitter.com/ClareCraigPath/status/1356539867530936321?s=20



Winter respiratory viruses have one, or two, winter peaks. The fact every country has falling cases is wonderful news and evidence of endemicity. It is not evidence that the different interventions in each country simultaneously worked.



...

Here is Germany 2020 vs Flu 2018 https://twitter.com/DaFeid/status/1294393266654318592



Florida - Fully open since September 2020

https://www.google.com/search?q=covid+graph+for+florida&oq=covid+graph+for+florida&aqs=c hrome..69i57j0i22i30l2j0i390l2.2826j0j1&sourceid=chrome&ie=UTF-8

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About 5,960,000 results (0.87 seconds)



Cases	
Total 👻 🔲 United States 💌 Florida 💌	



Sweden - Never Closed

https://www.google.com/search?q=covid+graph+for+sweden&oq=covid+graph+for+sweden&aq s=chrome..69i57j0i390l2.4401j0j1&sourceid=chrome&ie=UTF-8 About 5,110,000 results (0.79 seconds)

Daily change			
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New cases	- 7-day average		
Each day shows net Source: <u>JHU CSSE</u>	w cases reported since the p COVID-19 Data · About this	revious day · Updated less than 2 <u>data</u>	days ago ·
Cases			
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Cases	Recovered	Deaths	
608K +3,834	-	12,428	

Ontario - Full lockdown, eased restrictions in the summer then ineffective lockdowns <u>https://www.google.com/search?q=covid+graph+for+ontario&oq=covid+graph+for+ontario&aqs=</u> <u>chrome..69i57j0i390l4.3378j0j1&sourceid=chrome&ie=UTF-8</u>



About 8,680,000 results (0.86 seconds)



Cases	
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Florida has more than double the cases of Ontario, and yet their economy is open and they are not reporting mass death or casualties from Covid19. Why is that? Do you have a good explanation why these curves look similar to the seasonal curves noted around the world?

When the data shows that mandatory masking in Ontario starting in July didn't meaningfully stop the case numbers from getting to the point of needing new lockdowns in the fall and winter, and the evidence of no overwhelmed hospitals and no mass deaths from places that are fully open, would it not be reasonable to reassess our strategy? If we have had a failing strategy for a year, with dire financial, economic and cultural impacts then that failure should be addressed. Our strategy must be adjusted with the data!

In BC wearing a mask is left up to the family with regard to wearing during school. Why are there different rules for different health units? How can these policies possibly be science driven? What science (not provincial order, what SCIENCE) is currently driving the mandatory masking in our health unit? If it were accepted science wouldn't everyone adopt the same measures? Further, the measures that have been adopted don't seem to be successful at the goal of "reducing the impact" of the virus. I say that, because I can't find the specific goals of the lockdown other than some vague statements from different levels of leadership. How are we to

measure our success without any meaningful metrics and with constantly shifting goalposts? Can you clearly articulate the goal of the previous most recent lockdown?

https://twitter.com/Milhouse_Van_Ho/status/1359564556192927749?s=20

https://www.tricitynews.com/local-news/what-you-need-to-know-about-bcs-new-mandatorymask-rules-at-schools-3355357

WHAT DOES 'ENCOURAGED' MASK USE MEAN FOR ELEMENTARY STUDENTS?

For elementary students, wearing masks indoors remains a personal choice. However, the new policy removes the words "not recommended" and replaces them with "not required," to "make it a little easier to have the mask encouragement where elementary schools feel they want to have it."

That was the explanation provided by Stephanie Higginson, president of the British Columbia School Trustees Association, who attended Thursday's press conference announcing the changes.

In light of the new data, based on real world observations and not models, and pending questions about efficacy of masks (do they work to stop the spread of respiratory virus? How is their success measured? Does the protection offered outweigh the potential harms? What are those harms?), the mandatory masking of children in schools should be stopped immediately pending review of the impacts and informed consent of the guardians who have to comply with these masking standards. Informed consent is not possible at this time as no one has been briefed on the potential drawbacks of prolonged masking of children.

Speaking of clear metrics, what metrics are we using to lock down our businesses and economy? On Dec 28th we had 6 people in the hospital and 163 cases per 100k. That was the beginning of a 45 day lockdown. The hospitalizations have not changed over that period of time. We have consistently had between 3 - 10 people in hospital, but mostly between 4-6 people. During that time the occupancy has been below the 5 year average, staying below 90% and getting as low as 75.2%. Test positivity rate fluctuates as well from 3.6 at the beginning of the lockdown to 5.9% 12 days into the lockdown started on December 26. It sat at 4.2-4.4% until Feb 1 and then it started declining. You can see every day from our public health stats to illustrate my point, but here are the 3 days in question. Dec 28 and Feb 11 and Feb 17. How is it decided to put Guelph into Red level? What metrics are driving the decision? What criteria do we need to achieve to get to Yellow level as it seems the colour coded system isn't being arbitrarily followed. How can we run a society with ever changing rules, decided upon by a single, unelected bureaucrat?

Dec 28:









Feb 17



	-19 Status	s Report			Last Updated: Feb 17, 2021 10:30 A
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Here are the criteria for the colour coded system that was in place prior to the Dec 26th lockdown.

https://toronto.ctvnews.ca/here-s-how-ontario-s-colour-coded-covid-19-system-works-1.5172308

As you can see, the only metrics that puts us in the Red - Control group are cases per 100k and test positivity. As of Feb 17 we were at 39 cases per 100k. Case numbers clearly don't tell the whole story, but case numbers are falling, hospitalizations are steady. Help me understand what metrics are driving the continued economic misery in our city. Why don't we have a clear understanding of how this process operates and how restrictions are decided upon?

Similarly can you give me a number for 2015 - 2020 for pneumonia deaths in Guelph for January - March so we can compare the deaths in this January - March timeline? Is 20 deaths normal for this time of year in a typical flu season?

Despite the numbers demonstrating quite well over the last 45 days that case numbers do not impact hospitalization numbers (case numbers doubled during the lockdown, while hospitalizations were stable) we have endured more than 45 days of lockdown and economic misery (of a stated 28 days), for what gain? Can you clearly demonstrate what has been accomplished with these damaging policies?

Who can the public hold accountable?

This situation has not come about because of a virus. It has come about because of bad policies. We have examples of other places in the world that have not suffered nearly as much because their leadership refused to implement lockdowns and other failed policies. Here is a recent one from Florida.

https://twitter.com/GovRonDeSantis/status/1360616518434910208?s=20

I will be publishing this as a public letter. Looking forward to addressing the board in March.

Thank you for your time.

Mark Paralovos

P.S.

Often, as with a snow storm, dire predictions can end up being very wrong. Here is a good example with covid. The 4th surge never came. (image on next page, along with some supplemental reading):

https://twitter.com/ianmSC/status/1360319669635190787?s=20



IM @ianmSC · Feb 11 I posted earlier about how Eric Topol's "4th" surge prediction worked out.

Here's an expert from John Hopkins seconding Scott Gottlieb's prediction on 1/17 that in the next 3-4 weeks, the "new variant will take over" and it'll "change the game".



Truly amazing work all around

Some further reading:

The Milgram Experiment

https://en.wikipedia.org/wiki/Milgram_experiment

In this experiment a person in authority (like public health) tells a subject (who is being measured for compliance to authority) to administer an electric shock to an unseen person on

the other end of a speaker. The subject is instructed by the person in authority to continue administering the electric shocks periodically after the "volunteer" gets a question wrong. These are recorded responses, and they plead with the subject to stop shocking them. The experiment continues until the "volunteer" stops responding (after saying that they have a heart condition and that they can't take it anymore). You can watch a video of a documentary on it here: https://youtu.be/rdrKCilEhC0?t=426

This parallels very well to masking our children. Parents are being told by people in authority to mask their children. Parents are being told masking is good for the children while not being told of potential drawbacks, even though we know there are potential drawbacks!

What the Milgram experiment shows is that people will inflict harm on other people if told to do so by a person in authority. You are that authority in this case.

Another well known experiment regarding the developmental side of child / caregiver interactions:

This is what happens to infants who have emotional displays removed from their interactions. I hope you read this.

still face experiment

https://www.gottman.com/blog/research-still-face-experiment/

In 1975, Edward Tronick and colleagues first presented the "Still Face Experiment" to colleagues at the biennial meeting of the Society for Research in Child Development. He described a phenomenon in which an infant, after three minutes of "interaction" with a non-responsive expressionless mother, "rapidly sobers and grows wary. He makes repeated attempts to get the interaction into its usual reciprocal pattern. When these attempts fail, the infant withdraws [and] orients his face and body away from his mother with a withdrawn, hopeless facial expression." It remains one of the most replicated findings in developmental psychology.

Here is a thread outlining the flawed conclusions of the 2020 mask "Studies." <u>https://twitter.com/IAmTheActualET/status/1350212693190455298?s=20</u>

Here is a visual demonstration of why masks do not impede any kind of vapor. We just can't see it.

https://twitter.com/TonyRogers1256/status/1357111815671545856

A further study on the covid restrictions in Ontario

https://ocla.ca/wp-content/uploads/2021/02/OCLA-Report-2021-1-4th-science-review-for-covid-p olicy-Reg-364-20-7f.pdf

May 2020 - Masks not always the answer https://www.cbc.ca/news/canada/new-brunswick/nb-wearing-masks-1.5560578

impact of masks in UK https://twitter.com/Stat_O_Guy/status/1359148708475113475?s=20

I would ask why we're not pursuing therapeutics, but that will wait until I can address you in April, I suppose.

treatment https://twitter.com/DrP_MD/status/1361859838029017089?s=20

Early treatment https://twitter.com/robinmonotti/status/1362038625333088258